

# **Strategic Post Operative Evaluation of Anterior Maxillary Osteotomies performed for Repositioning of Anterior Dento-Osseous Segment: An Original Research Study**

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## **ABSTRACT**

**Aim:**The exclusive aim of this study was to comprehensively evaluate the patients in their post operative phase wherein repositioning of anterior dental-osseous segment was performed by anterior maxillary osteotomy. The study was primarily targeted to assess possible post operative complications as related to anterior maxillary osteotomy procedure in studied patients.**Materials & Methods:** Total thirty young patients were studied in detail. Simple Random Sampling methodology was used to select patients from department. All thirty patients with surgically repositioned anterior dental-osseous segment were selected. Three basic methodologies (for anterior maxillary osteotomy) were used in surgery depending on the requirements and clinical conditions. Standard sterilization and surgical protocols were followed during surgeries. Patients were evaluated for few predetermined post operative complication in two months, four months and six months follow up phases. Data thus received was compiled in table and subjected to basic statistical analysis. **Statistical Analysis and Results:** The primary data was subjected to suitable statistical tests to obtain p values, mean, standard deviation, chi- square test, standard error and 95% CI. Out of thirty patients, males were 22 and females were 8. Maximum nineteen patients were treated for skeletal anomalies by anterior maxillary osteotomy procedures. P value was highly significant this. Maximum 6 patients were recognized with bleeding as post operative complication. Moreover, p values were significant for Malposition, Oronasal or Oroantral Fistulas, Inter-Dental Spacing Related, Airway Obliteration.95% coefficient interval was noted maximum for Bleeding [1.96] and minimum for Necrosis [1.01]. **Conclusion:** Within the limitations of the study, authors concluded that variouspost operative complications are related with anterior maxillary osteotomy procedure however, they are mostly curable. Post operative complications related to bleeding, maxillary sinusitis and inter-dental spacing were seen in about half of the studied patients.

**Key Words:**Anterior Maxillary Osteotomy, Bleeding, Nonunion, Malposition, Palatal Tear, Hematoma

## **I. INTRODUCTION**

As we all are aware that Orthognathic Surgery is normally conducted in patients affected by congenital or growth related or traumatic skeleton-dental anomalies. Such patients usually look for enhancement in facial aesthetics and related functions.<sup>1</sup>Orthognathic surgery and treatment of dento-facial and craniofacial anomalies has come along way as it was discovered somewhere near to the 19th century. Therapeutic rehabilitations of anomalies by surgical procedures usually have an involuntary risk of facing complications. Such post surgical complications are ranging from mild to severe and physical to psychological.<sup>2,3</sup>Traditionally, a steady and accurate repositioning of mandibles preceded the capability to reposition maxilla. Many of the researchers in the literature have shown that

almost all surgical modules mandatorily end up with some complications and therefore specialized skill and understanding is compulsory to avoid them. After having experiences from several orthognathic surgeries, researchers have concluded that comprehensive understanding of the possible complications is deemed necessary.<sup>4,5</sup> It literally facilitates the multidisciplinary surgical team to render successful surgery with minimum post operative complications. During the literature search, authors noticed that there are very few studies those have actually discussed intra-operative and post operative complications associated with anterior maxillary osteotomies. In the younger patients, maxillary excess may be either anterior or complete.<sup>6,7</sup> In both the circumstances patients are suffering from severe gummy smile with excessive over jet and deep overbite. In case of anterior maxillary excess usually patient present with labial inclination of the upper six frontal teeth. Such clinical symptoms typically create convex facial profile particularly in the upper lip area. In patients with complete maxillary excess, patients typically present with protuberance of lower orbital rim, nose and upper lip. This creates the lower facial appearance very offensive. Commonly, Le fort one osteotomy procedure is conducted to clinically manage complete maxillary excess while anterior maxillary segmental osteotomy is performed for anterior maxillary excess patients.<sup>2,4,8</sup> The ultimate aim of this study was to comprehensively evaluate the patients in their post operative phase wherein repositioning of anterior dental-osseous segment was performed by anterior maxillary osteotomy. The study was predominantly focused to assess possible post operative complications as related to anterior maxillary osteotomy procedure in studied patients.

## **II. MATERIALS & METHODS**

This clinical study was planned, designed and executed in the department of Oral and Maxillofacial Surgery of the dental institution in which thirty young patients were studied in detail. Both male and female patients were included in the study. Simple Random Sampling methodology was used to select patients from department. It is the way in which every patient of the subset has an equal possibility of being chosen. Primary abstract of the study was consulted with statistician to finalize the appropriate sample size. Generally, repositioning of anterior dental-osseous segment is one of the integral procedures in orthognathic surgery. This repositioning is frequently attempted as 'posterior repositioning' for different dental and skeletal corrective treatments. Many of the initial researchers had used this technique to manage ankylosed maxillary canines and to shut single tooth diastemas. All thirty patients with surgically repositioned anterior dental-osseous segment were selected [with miscellaneous underlying indications like dental/skeletal corrections/cosmetic corrections/diastema closure/treatment of ankylosed maxillary canines, correction of bimaxillary protrusion, anterior open bite etc]. Three basic methodologies (for anterior maxillary osteotomy) were used in surgery depending on the requirements and clinical conditions. These were combinations of Wunderer technique, Wassmund technique, Cupar technique. Authors did not endeavor to demarcate and study the post operative complications as related with these sub-techniques. Optimum blood supply of the mobilized alveolar segment was ensured during surgery as the success of the overall success of the segmental osteotomy is critically dependent on it. Standard sterilization and surgical protocols were followed during surgeries. The procedure was performed under general anesthesia with naso-tracheal intubation. Patients were explained in detail about the study and signed consents were obtained. General information of each patient was recorded in preformed format. Standard follow up regime was formulated wherein patients were recalled after two months, four months and six months. Patients were evaluated for few predetermined post operative complication in these follow up phases. Authors have categorized and studied various complications like bleeding related/nonunion/ malposition/ perfusion deficiency/ nerve injury/ oro-nasal or oro-antral fistulas/ maxillary sinusitis/ tooth hypersensitivity related/inter-dental spacing related/hematoma/necrosis/airway obliteration/ palatal tear. Authors did not endeavor to review intra-operative complication of the said surgery. Data thus received was compiled in table and subjected to basic statistical analysis. P value less than 0.05 was considered significant ( $p < 0.05$ ).

## **III. STATISTICAL ANALYSIS AND RESULTS**

In this study, all obvious results and data were sent for statistical analysis using statistical software Statistical Package for the Social Sciences version 21 (IBM Inc., Armonk, New York, USA). The source data was subjected to suitable statistical tests to obtain p values, mean, standard deviation, chi-square test, standard error and 95% CI. Table 1 shows that out of thirty patients, males were 22 and females were 8. Maximum nineteen patients were treated for skeletal anomalies by anterior maxillary osteotomy procedures. P value was highly significant here (0.02). Minimum patients were for (one each) for Bimaxillary Protrusion and Ankylosed Maxillary Canines by anterior maxillary osteotomy procedures. P value was highly significant here (0.01). Table 2 shows basic statistical representation with mean, standard deviation and standard error for post operative complications (anterior maxillary osteotomy). Maximum 6 patients were identified with bleeding as post operative complication.

Therefore it was the commonest complication among all. Malposition, Perfusion Deficiency, Nerve Injury, Necrosis and Airway Obliteration were minimally identified complications. Standard error was maximum [0.985] for Inter-Dental Spacing and minimum for Airway Obliteration [0.027]. Standard deviation was maximum [0.980] for Bleeding and minimum for Nerve Injury [0.012]. Table 3 demonstrates statistical representation including 95% CI and Pearson chi-square test with level of significance evaluation for post operative complications (anterior maxillary osteotomy). P value was significant for Malposition [0.010], Oronasal or Oroantral Fistulas [0.001], Inter-Dental Spacing Related [0.002], Airway Obliteration [0.010]. 95% coefficient interval was noted maximum for Bleeding [1.96] and minimum for Necrosis [1.01]. Pearson Chi-Square Value was maximum for Inter-Dental Spacing [1.956] and minimum for Oronasal or Oroantral Fistulas [1.008].

**Table 1: DISTRIBUTION OF PATIENTS**

Key Diagnosis	Male	Female	Total	P value
Skeletal Correction Related	14	5	19 [64 %]	0.02*
Dental Correction Related	4	2	6 [20 %]	0.80
Esthetic Related	2	1	3 [10 %]	0.06
BimaxillaryProtrusion Related	1	-	1 [3 %]	0.12
AnkylosedMaxillary Canines	1	-	1 [3 %]	0.01*
Total	22	8	30 [100 %]	*p<0.05 significant

**Table 2: BASIC STATISTICAL REPRESENTATION WITH MEAN, STANDARD DEVIATION AND STANDARD ERRORFOR POST OPERATIVE COMPLICATIONS (ANTERIOR MAXILLARY OSTEOTOMY)**

Complications	n	Mean	Std. Deviation	Std. Error
Bleeding Related	6	2.01	0.980	0.290
Nonunion	1	0.28	0.682	0.636
Malposition	2	1.41	0.029	0.927
Perfusion Deficiency	1	0.03	0.808	0.210
Nerve Injury	1	0.24	0.012	0.609
Oronasal or Oroantral Fistulas	2	1.04	0.054	0.287
Maxillary Sinusitis	4	2.31	0.983	0.121
Tooth Hypersensitivity	3	1.76	0.602	0.349
Inter-Dental Spacing Related	4	2.08	0.032	0.985
Hematoma	2	1.41	0.840	0.740
Necrosis	1	0.33	0.532	0.673
Airway Obliteration	1	2.00	0.129	0.027
Palatal Tear	2	0.21	0.030	0.283

**Table 3: STATISTICAL REPRESENTATION INCLUDING95% CI AND PEARSON CHI-SQUARE TEST WITH LEVEL OF SIGNIFICANCE EVALUATIONFOR POST OPERATIVE COMPLICATIONS (ANTERIOR MAXILLARY OSTEOTOMY)**

Complications	95% CI	Pearson Chi-Square Value	df	Level of Significance (p value)
Bleeding Related	1.96	1.025	1.0	0.086
Nonunion	1.43	1.183	2.0	0.500
Malposition	1.09	1.376	1.0	0.010*[SIGNIFICANT]
Perfusion Deficiency	1.90	1.093	1.0	0.080
Nerve Injury	1.21	1.029	1.0	0.400
Oronasal or Oroantral Fistulas	1.39	1.008	1.0	0.001*[SIGNIFICANT]
Maxillary Sinusitis	1.47	1.093	1.0	0.086

Tooth Hypersensitivity	1.28	1.650	2.0	0.100
Inter-Dental Spacing Related	1.19	1.956	1.0	0.002 <sup>*[SIGNIFICANT]</sup>
Hematoma	1.92	1.039	1.0	0.076
Necrosis	1.01	1.218	2.0	0.800
Airway Obliteration	1.06	1.279	1.0	0.010 <sup>*[SIGNIFICANT]</sup>
Palatal Tear	1.91	1.035	1.0	0.080

**IV. DISCUSSION**

There are numerous surgical techniques discussed for esthetically correct facial abnormalities. Different procedures like LeFort I surgery, anterior segmental osteotomy, two-sided sagittal split osteotomy are among the most frequently attempted oral surgical procedures.<sup>9,10</sup> Nevertheless, patients with unusually shaped maxilla or mandible require intricate surgical techniques. These are frequently involving multi disciplinary surgeries so as to ensure esthetic oriented results and comfort. Ideally, all these procedures must end up with no post operative complications or symptoms. However, this is mostly unachievable due to several patient related factors. Therefore, researchers have focused themselves to minimize these complications instead of zeroing it. Such attempts normally necessitate brilliant surgical skills and adequate bone volume.<sup>11,12</sup> Moreover, they do not guarantee complete complication free situation. With the ever increasing surgical expertise and understanding, clinicians have managed to minimize the intra-operative and post-operative complication in the anterior segmental osteotomy procedures. Interestingly, most of the western and Asian practitioners and researchers believe that knowledge of basic surgical principles and a careful treatment plan can ensure successful ortho-gnathic surgery with minimum complications in post operative follow up phase.<sup>13,14</sup> Overall success of such osteotomy surgeries is dependent on multiple factors including patient factors like type/extent of deformity. Normally, repositioning of anterior dental-osseous segment is one of the integral procedures in orthognathic surgery.<sup>15,16</sup> This repositioning is frequently attempted as ‘posterior repositioning’ for different dental and skeletal corrective treatments. Commonly, anterior maxillary osteotomy procedures are performed for dental/skeletal corrections/cosmetic corrections/diastema closure/treatment of ankylosed maxillary canines, correction of bimaxillary protrusion, anterior open bite. Since the orthognathic surgeries usually require thorough planning and complex surgical protocols, minute error while execution is expected from surgical team. This acts as basic starting point of development of post operative complications.<sup>17,18</sup> Our paper primarily aimed to evaluate the patients in their post operative phase wherein repositioning of anterior dental-osseous segment was performed by anterior maxillary osteotomy. The study was primarily targeted to assess possible post operative complications as related to anterior maxillary osteotomy procedure in studied patients. There have been many researches in the literature that discuss soft and hard tissue changes after orthognathic surgery but very only some discussed anterior segmental surgery of upper and lower jaws. Segmental maxillary surgery was conducted for many years before total maxillary osteotomy popularized.<sup>7,13,16,19</sup> Anterior maxillary osteotomy offers enhancement of occlusion, but frequently at the expense of facial aesthetics.

**V. CONCLUSION**

Within the limitations of the study, authors concluded that different post operative complications are associated with anterior maxillary osteotomy procedure however, they are mostly treatable and non grievous. Post operative complications related to bleeding, maxillary sinusitis and inter-dental spacing were seen in approximately half of the studied patients. Complications like perfusion deficiency, nonunion, nerve injury, necrosis and airway obliteration were reported in one-one cases only. Our study outcomes must be taken as suggestive for assuming prognosis for similar clinical situations. Nevertheless authors look forward to have some other large scale studies that may further establish certain critical and concrete norms in these regards.

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