

ORIGINAL RESEARCH**Omicron Pandemic (A Challenge, A Menace for Nurses)****Lovedeep Kaur**

Nursing Tutor, Faculty of Nursing, Desh Bhagat University, Mandi Gobindgarh, Punjab,
India

Correspondence:

Lovedeep Kaur

Nursing Tutor, Faculty of Nursing, Desh Bhagat University, Mandi Gobindgarh, Punjab,
India

Abstract

As we all know omicron is a pandemic. India reported 1,41,986 new cases in the last 24 hours, taking the total number of active cases in the country to 4,72,169. India also reported 285 deaths. In this pandemic our Frontline workers i.e. Doctors, Nurses and other health care staff also suffers emotionally as well as physically due to more duty hours and overload of work. This article include a survey of data that was conducted in U.S by American nurses association to know about the concern and experiences facing problems during pandemic by Nursing staff. In this Article mainly we are focusing on Nursing staff during pandemic situation and how we can encourage them.

Key words:- Omicron, pandemic, Nurses, challenges, Infection, Encourage, workload, curfew.

As we all know That Omicron is a pandemic that affect all over the worldwide very rapidly. The omicron variant was first discovered in south Africa in Novemeber 2021.and has spread to united states.ans spread very rapidly in all countries worldwide including india.omicron affect so many people in few time.. The Omicron cases have now been reported in 27 states and union territories

India reported 1,41,986 new cases in the last 24 hours, taking the total number of active cases in the country to 4,72,169. The daily positivity rate has jumped to 9.28 percent and the weekly positivity rate has also increased to 5.66 percent. India also reported 285 deaths in the last 24 hours, taking the total death toll to 4,83,463.

Several states have brought back lockdown-like restrictions to curb the spread of omicron such as restricting the number of people in public transport. shutting down of schools and colleges, shutting down of religious places for outsiders and bringing back the night curfew. Delhi government has also imposed a weekend curfew on Saturdays and Sundays to curb OMICRON surge.

India has recorded **236** cases of the Omicron variant of coronavirus across 16 states and UTs so far out of which 104 people have recovered or migrated, according to the Union Health Ministry data..people infected with omicron develops mild fever,cough,fatigue,congestion and runny nose.obviously our frontline workers i.e. our doctors.nurses and other hospital staff suffer physically and emotionally. They are working very hard in their duties whether it was morning shift,evening shift or night shift nurses always give best care to save the life of patient.even they did not provide proper equipment to care the patient.according to survey 70% people reorted lack of PPE and more than 80% people expressed fear of going to workplace.even though nurses are faces lot of problems also their mental health affected.if they suffer too much for us then why we are dicouraging their work.we should encourage and

support our nurses in this pandemic.so let us unite and support the nursing profession by encouraging their hard work towards us instead.

References

1. <https://www.jagranjosh.com>
2. <https://www.bing.com/search>
3. <https://www.msn.com/en-i>