

TO STUDY SUB-CLINICAL *P. FALCIPARUM* INFECTIONS ACT AS YEAR-ROUND RESERVOIR FOR MALARIA

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Abstract:

Background & Method: This study is conducted with an aim to study Sub-clinical *P. falciparum* infections act as year-round reservoir for malaria.

Result: Of these, 500 were selected through population random sampling, while & thus entered into the longitudinal survey.

Conclusion: We conclude that hypoendemic sub-clinical & uncomplicated *P. falciparum* malaria continues, the sub-clinical infections were associated with a number of household & demographic factors, similar to those found for symptomatic cases. Unlike clinical symptomatic malaria, which is highly seasonal, these actively detected infections were present year-round, make up the vast majority of infections at any given time and likely act as reservoirs for continued transmission.

Keywords: Sub-clinical, *P. falciparum*, infections & malaria.

Study Designed: Observational Study.

1. INTRODUCTION:

Malaria is a disease caused by the Plasmodium genus that is transmitted between humans by Anopheles mosquitoes. Plasmodium falciparum, Plasmodium vivax, Plasmodium ovale, Plasmodium knowlesi, & Plasmodium malariae are the species of Plasmodium that invade humans. *P. falciparum* & *P. vivax* are the most common species that cause malaria in humans. *P. falciparum* is the most dangerous because of the multi-drug resistance on this strain of the disease.[1] Malaria is both curable & preventable with medication therapy; however, a vaccine is not available. According to the World Health Organization, in 2012, there were approximately 207 million cases of malaria resulting in 627,000 deaths.[2] However, the rate of deaths in children has been reduced by 54% since 2000.[3] Countries

with the most confirmed cases are in sub-Saharan Africa & India. In the United States, most of the cases of malaria are due to international travelers that acquired the disease while visiting an endemic country.[4]

The WHO appraises that 3.3 billion individuals around the world are in danger for jungle fever, with an expected 214 cases & 438,000 passings in 2015 from malaria.[5] Ninety-seven nations & regions had continuous transmission of jungle fever in 2014.1 In the previous ten years center around intestinal sickness control & disposal has expanded emphatically with significant endeavors like the Millennium Development Goals & the Roll Back Malaria Partnership, both with critical public & confidential ventures. Numerous nations have detailed a decline in the quantity of cases from pandemic levels & have moved their concentration from basically controlling jungle fever to its end, with some effectively arriving at this objective. In this specific circumstance, it is critical to grasp the study of disease transmission of the suggestive cases, yet in addition that of individuals that might convey contamination while never introducing to a doctor, as they can proceed with the scourge chain, especially in the low seasons when less indicative cases are available.[6]

2. MATERIAL & METHOD:

The study area consisted of two unions in the Government Medical College, Datia from June 2020 to December 2020 on 500 patients, an area now known as hypoendemic for *P. falciparum* & *P. vivax*, with more than a dozen resident ethnic groups. As part of an epidemiologic cohort study, we monitored population year-round in all age groups, performing demographic surveys, active & passive surveillance, entomological sampling & mapping.

Those selected for sampling answered a detailed survey related to symptoms, a rapid diagnostic test for *P. falciparum* & *P. vivax* malaria was conducted, & blood was collected for microscopy.

We considered the participant to be febrile by the oral method at 38.3 °C & above, & by axillary method at 37.5 °C & above. We conducted both univariate & multivariate regression to assess associations of a variety of physical symptoms, & actively detected *P. falciparum* infection to determine if people with sub-clinical infections had more systemic symptoms than the general population or were truly asymptomatic.

Inclusion category

1.All individuals with fever with chills, headache,nausea,vomiting,diarrhoea ,cough,fatigue,muscle ache,muscle weakness,convulsions

Exclusion criteria

- 1.All individuals on antimalarial therapy
- 2.All individuals with chronic illness and other infectious disease diagnosed
- 3.All individuals with age < 6 months

3. RESULTS:

Table 1: Basic demographic profile

Age	Active malaria survey	Nested longitudinal	Pregnancy selected
6 mo---< 5 years	127	20	00
5---14 years	189	31	01
15---39 years	112	20	78
≥40 years	72	11	01
Total	500	82	80

Of these, 500 were selected through population random sampling, while & thus entered into the longitudinal survey. The demographics of those randomly selected, the subset of these selected for the nested longitudinal study, as well as those who were selected due to pregnancy.

Table 2: Single Symptom Associations

Symptoms		Negative for <i>P. falciparum</i> infection N (%)	Positive for <i>P. falciparum</i> infection N (%)	P value
Single Symptom Associations				
Fever	No	463 (94)	2 (46)	<0.001
	Yes	31 (06)	4 (54)	
Headache	No	457 (92)	3 (52)	<0.001
	Yes	37 (08)	3 (48)	
Chills	No	478 (97)	4 (68)	<0.001
	Yes	16(03)	2 (32)	
Nausea	No	484 (98)	4 (74)	<0.001
	Yes	10 (02)	2 (26)	
Vomiting	No	484 (98)	5 (83)	<0.001
	Yes	10 (02)	1(17)	
Diarrhea	No	484 (98)	5 (91)	0.049
	Yes	10 (02)	1(09)	
Cough	No	419 (85)	4 (72)	0.033
	Yes	74 (15)	2 (28)	
Fatigue	No	463 (94)	5 (80)	0.002
	Yes	31 (06)	1 (20)	
Muscle ache	No	457 (92)	5 (80)	0.047
	Yes	37 (08)	1 (20)	

Muscle weakness	No	450 (91)	4 (77)	<0.001
	Yes	44 (09)	2 (23)	
Convulsions/ seizure	No	489 (99)	6 (100)	1
	Yes	05 (01)	0 (00)	

Table No. 2 shows that all symptoms association parameters are significantly associated <0.05.

4. DISCUSSION:

This study involved RDT & microscopy for location of sub-clinical diseases & does exclude PCR, it probably misjudges the genuine weight of sub-clinical contaminations. Lucy Okell & partners have made a recipe to gauge the sub-clinical irresistible commonness in view of the microscopy positive predominance in a space. Utilizing this equation, our review region is probably going to have a contamination commonness of around 4.0% for *P. falciparum*, contrasted with our evaluations of simply more than 1.0% in light of RDT & microscopy. RDT in a few nations in Southeast Asia. Assuming that these rates are intelligent of the area, a significantly higher extent of the diseases would be sub-clinical than assessed previously.

The degree to which sub-infinitesimal diseases communicate jungle fever is as yet being investigated. In any case, it has been assessed that in extremely low transmission settings, submicroscopic contaminations represent 70-80% & 20-half of generally human-to-mosquito transmissions come from submicroscopic transporters of disease.[7] It has been shown that practically all patients with contaminations have mature gametocytes in their blood, including asymptomatic & sub-tiny diseases & displaying tests show that transmission to mosquitoes relies upon various variables including gametocytes thickness, a relationship which is non-direct & fluctuates by setting.[8] In certain settings sub-tiny gametocyte densities have brought about regular mosquito contamination, while in others they have not. Nonetheless, it has been assessed that the extent of mosquitoes that become contaminated is on the request for twofold to fivefold lower while benefiting from a person with a submicroscopic disease contrasted with one with a microscopy positive contamination.[9]

Albeit the particular nature & degree of irresistibility of sub-clinical contaminations should be better portrayed, these diseases are logical contributing significantly to transmission, especially during the low season when indicative disease rates are exceptionally low. Albeit most of those that tried positive for *P. falciparum* diseases in this study had gentle clinical side effects in the fourteen days before contamination, they were not sufficiently problematic to their lives to look for clinical consideration, even with regards to a review that made such consideration more open than in a large number of the encompassing regions.[10] Given the populace without intestinal sickness additionally revealed significant levels of these side effects, it isn't really to be expected that they don't necessarily look for care for gentle foundational side effects. In this way without dynamic observation, these gentle & asymptomatic individuals could not have possibly been distinguished except if side effects declined & they decided to look for care.

5. CONCLUSION:

To conclude, the sub-clinical infections were associated with a number of household & demographic factors, similar to those found for symptomatic cases. Unlike clinical symptomatic malaria, which is highly seasonal, these actively detected infections were present year-round, make up the vast majority of infections at any given time & likely act as reservoirs for continued transmission.

Due to the treatment of all detected infections, we are unable to establish the natural history of the sub-clinical infections & thus do not know the average length of infections or the proportion of infections that would have developed into symptomatic cases. However, we can say that the latter is likely only a small proportion, given the substantially lower incidence of symptomatic cases more broadly.

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