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# A Case Study of Histopathological Findings in Ectopic Tubal Pregnancies with Statistical Analysis in A Tertiary Care Center

## R. Uma<sup>1</sup>, O. A. Meharaj Banu<sup>2</sup>

 <sup>1</sup>Associate Professor, Department of Pathology, Government Thiruvarur Medical College, Thiruvarur, Tamil Nadu, India.
 <sup>2</sup>Associate Professor, Department of Pathology, Government Thiruvarur Medical College, Thiruvarur, Tamil Nadu, India.

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#### Abstract

**Background:** Extrauterine implantation of embryo leads to ectopic pregnancy sites include fallopian tube, ovary, the common site is fallopian tube. **Aim:** Analysis of histopathological changes in ectopic pregnancies in fallopian tube and statistical analysis with fallopian tubes received after sterilization procedure. **Materials and Methods:** It is a comparative statistical study of ectopic pregnancy and fallopian tubes received after sterilisation procedure **Results:** Out of 352 cases of Fallopian tubes received 35 cases were ectopic and 317 cases were fallopian tubes after sterilisation showing pregnancy related histopathological changes. Of 35 ectopic cases, 30% cases show acute salpingitis, 7% - salpingitis isthmica nodosa, 63 % - chronic salpingitis.

**Corresponding Author:** Dr. R. Uma, Associate Professor, Department of Pathology, Government Thiruvarur Medical College, Thiruvarur, Tamil Nadu, India. **Email:** <u>umamd.path@gmail.com</u>

## Introduction

Extrauterine implantation of embryo leads to ectopic pregnancy, sites include fallopian tube, ovary, the common site is fallopian tube 95%. other sites include 2.4 % - interstitial ,11.1% - fimbrial, 12 % - ampullary,4.5 % - extratubal,3.2 % - ovarian,1.3 % - abdominal-cervix, liver, spleen, prior caesarean scars [1]. Pathophysiology: 4 possible mechanism of ectopic implantation include 1. anatomic obstruction preventing passage of the zygote, 2. abnormal conceptus, 3. tubal motility abnormalities, 4. zygote transperitoneal migration. The risk factors associated with ectopic pregnancies varies and includes pelvic inflammatory diseases, previous pelvic or abdominal surgeries and IUCD [3].

## Methodology

The study was conducted from Oct2022-Mar2023, in department of pathology, Govt Thiruvarur medical college, Thiruvarur, Tamilnadu, India. A cross sectional study was taken up to study the pathological changes in fallopian tubes and they were later compared with specimens of fallopian tubes obtained after permanent sterilization procedures. A total of 352 fallopian tubes,35 cases diagnosed clinically as ectopic pregnancies and 317 cases of sterilization procedure specimens were taken. The routine grossing procedure and hematoxylin and eosin-stained sections were prepared from the specimens submitted and examined.

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#### Results

The Most Common incidence of ectopic pregnancy are seen in age group of 20-30yrs which was 48.6%, followed by age group of >30 years (31.4%) and <20 years (20%). Table 1: Age of study population

Tuble 1. 11ge of study population			
Age	Number	Percentage	
<20 yrs	7	20%	
>30 yrs	11	31.4%	
20-30 yrs	17	48.6%	
Total	35	100%	

Out of 35 cases, 65% were multigravida and only 35 % were primigravida among the study population

The most common anatomical site was in ampullary region of fallopian tube with frequency of 70%.12 are observed in Cornua. 10% in Isthmus and 8% in Fimbrial, as illustrated in table 2.

#### Table 2: Site of ectopic.

Site of ectopic	Percentage	No		
Ampulla	70%	25		
Cornual	12%	4		
Isthmus	10%	3		
Fimbrial	8%	3		
Total	100%	35		

Histopathological findings observed in patients of ectopic pregnancy mentioned in table 3

#### **Table 3: Histopathological findings**

Location of ectopic pregnancy - Right sided ectopic 22 cases and left sided were 13 cases, as shown in table 4

#### Table 4: Location of ectopic pregnancy

Sr. no	Location	Number of cases
1	Right side	22(62%)
2	Left Side	13(38%)

In Control group of 317 fallopian tubes obtained from permanent sterilization procedure no pathological changes were observed

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Figure 1: Normal histology of fallopian tube received from puerperal sterilisation



Figure 2: Placental villi inside lumen of fallopian tube

#### Discussion

Ectopic pregnancy is the complication of pregnancy where embryo implants outside the uterine cavity. Most of the cases were observed between the age of 20-30 i.e. 48.6 % in our study and it is correlating with other studies [5, 13].

Right fallopian tube [22 cases] 62 % has high occurrence rate of ectopic than in left tube (13 cases) 38%. Our study is in concordance with other studies [5 &7].

Histopathological examination studies of fallopian tubes shows chorionic villi trophoblastic cells, fibrinoid necrosis, and immature foetal tissue with areas of haemorrhage. There is also infiltration of lymphocytes and plasma cells into muscularis diagnosing as chronic salpingitis. Present study showed 22 patients of chronic salpingitis i.e., 63 %. Chronic salpingitis is the most common predisposing condition leading to tubal pregnancy [5,8] Ectopic pregnancy in our study are closely associated with chronic salpingitis (22 cases) 63 % and are correlating with other studies [5,9].

The other histopathological abnormality was neutrophilic infiltrates in muscular layers and classifying as acute salpingitis, 10 cases (30%) were recorded. Mohd et al reported acute salpingitis in 34.78% cases.

There were 3 cases (7 %) of Salpingitis isthmica nodosa. SIN is a known etiological factor for ectopic pregnancy. It is a well described pathological lesion of unknown etiology [10]. Chlamydia trichomatis [7] and mycoplasma infections s are the commonest causes of pelvic infection.

One of the important causative agent causing PID is tuberculosis in India. In India incidence of genital tuberculosis is high.

India ha to 9.4 million cases globally in year 2009 [11]. In India 2 million cases develops genital tuberculosis [11].

The commonest site for ectopic pregnancy in fallopian tube is ampullary portion [12]. 70% of the cases were observed in ampullary region of fallopian tube, 8 % are observed in fimbrial, cornua 12% and isthmus 10%.

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The fallopian tube specimens that are obtained after permanent sterilization process did not show any pathological changes. It clearly implies that ectopic pregnancy is associated with pathological conditions like Salpingitis both acute and chronic etc. Adequate treatment with early diagnosis can prevent ectopic pregnancies in such cases.

#### Conclusion

Chronic pelvic infection remains highly associated incidence for ectopic pregnancy. Early recognition of sign and symptoms of PID with adequate antibiotics treatments can prevent ectopic pregnancy. Early diagnosis helps in reducing morbidity and mortality associated with ectopic pregnancy.

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