

“A STUDY TO ASSESS THE EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING REPRODUCTIVE AND CHILD HEALTH SERVICES AMONG MOTHERS OF UNDER FIVE CHILDREN UNDER HEALTH MISSION IN SELECTED RURAL COMMUNITY” KANPUR

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ABSTRACT

AR India, with a population of more than one billion people, has many challenges in improving the health and nutrition of its citizens. Steady declines have been noted in fertility, maternal, infant and child mortalities, and the prevalence of severe manifestations of nutritional deficiencies, but the pace has been slow and falls short of national and millennium development goal target. The likely explanations include social inequities, disparities in health system between and within states, and consequences of urbanization and demographic transition. A Study to assess the effectiveness of structured teaching program on knowledge regarding reproductive and child health services among mother of under five children under health mission in selected rural community. India embarked on the nation rural health mission, an extraordinary effort to strengthen. To assess the knowledge of mothers of under five children To Reproductive and Child Health Services under the National Health Mission assess the knowledge of National Health Mission Service before and after teaching. In the result it shows that before the structure teaching program organize in pre-test only 10% mother having adequate knowledge, 40% having moderate knowledge & 50% having inadequate knowledge. But in post-test it shows that 45% having knowledge, 52% having moderate knowledge & only 3% having regarding reproductive & child health services.

INTRODUCTION

The National Health Mission (NHM) encompasses its two Sub-Missions, The National Rural Health Mission (NRHM) and The National Urban Health Mission (NUHM). The main

programmatic components include HealthSystem Strengthening, Reproductive-Maternal-Neonatal-Child andNHM envisages achievement of universalaccess to equitable, affordable &quality health care services that areaccountable and responsive to people's needs Health (RMNCH+A), and Communicable and Non -communicable diseases .The NHM envisages achievement of universal assess to equitable ,affordable and quality health care service that are accountable and responsive to peoples needs .

NEED OF THE STUDY:

Outcomes for NHM in the 12th Plan are synonymous with those of the 11thPlan and are part of the overall vision. Specific goals for the states will be based on existing levels, capacity, and context. State specific innovations would be encouraged. Process and outcome indicators will be developed to reflect equity, quality, efficiency, and responsiveness. Targets for communicable and non-communicable diseases will be set at state level based on local epidemiological patterns and taking into account the financing available for each of these conditions. Disease.

PROBLEM STATEMENT:

A Study to, "Assess the Effectiveness of Structured Teaching Program me on Knowledge Regarding Reproductive and Child Health Services NHM (National Health Mission) among Mothers of Under Five Children in Selected Rural Community Area of Kanpur Uttar Pradesh".

OBJECTIVES:

- 1.To assess the knowledge of mother's of under five children related.
to Reproductive and Child Health Services under the National Health Mission.
- 2.To assess the knowledge of National Health Mission Services before and after teaching.
- 3.To correlate over all pretest knowledge with overall post test knowledge.

HYPOTHESIS:

H1: There is significant difference between pre and posted knowledge scores of mothers under five children related to reproductive &child health services NHM (National Health Mission) in selected rural area of Kanpur at the level of $P<0.05$.

H2: There is no significant association between posttest knowledge scores and selected demographic variables of mother under five children related to RCH services NHM in selected rural area of Kanpur at the level of $P < 0.05$.

METHODOLOGY:

The methodology is the most important in research as it is the framework for conducting the study. chapter deals with the description of the method and different step used for collecting and organizing data are stated below.

RESEARCH APPROACH:

The research method adopted for the study was a quantitative evaluative approach.

RESEARCH DESIGN:

Quasi experimental one group pre-test post-test research design was adopted in this study.

SAMPLING TECHNIQUE-

Non-Probability convenient sampling used in this group.

SAMPLE SIZE:

100 mothers of under-five

POPULATION :

Mothers of under-five

Result:

Section-A

Percentage distribution of mother of under-five children according to their knowledge score.

In the result it shows that before the structure teaching program organize in pre-test only 10% mother having adequate knowledge, 40% having moderate knowledge & 50% having inadequate knowledge. But in post-test it shows that 45% having knowledge, 52% having moderate knowledge & only 3% having regarding reproductive & child health services.

Section-B

Mean knowledge score of pretest and post test on RCH services

Aspects	Max. score	Standard deviation	Paired t-value
Pre test	30	5.2	19.56
Post test	30	6.4	
Enhancement	30	10.5	

DISCUSSION

children and the women of child bearing age contribute 63 percent of the total population and they are vulnerable group of the population under five children constitute 15 to 20 percent of population in developing countries. The health services are directed towards them in order to attain overall, well-being of a family. Reproductive and Child Health Services are directed towards health and welfare of mothers and children. This is only a component of means to improve the usage and knowledge of mother towards the availability of these services. The present study is a quasiexperimental study to "Assess the Effectiveness of Structured Teaching Program on Knowledge Regarding Reproductive and Child Health Services among Mothers of Under Five Children in Selected rural community area of Kanpur U.P".

CONCLUSION

The health services among Mothers of under five children of Selected Rural Community area of Kanpur 50 mother of under five children were selected using purposive random sampling method. The research approach adopted to this study is a Pre experimental design with a view to measure the knowledge on pretest and effectiveness assessed in posttest to assess the

effectiveness of Structured Teaching Program me. The data were Collected by a self-administered knowledge questionnaire.

SUMMARY

This chapter deals with the summary of the study and its major findings along with implications and recommendations. The study was conducted to assess the effectiveness of Structured Teaching program me on knowledge Regarding Reproductive and Child Health Services among Mothers of under five children of Selected Rural Community Area of Kanpur, U.P. The present study was aimed to achieve the following objectives to assess the knowledge of mothers of under five children related to Reproductive and Child health services before teaching. To assess the knowledge of mothers of under five children related to Reproductive and Child health after teaching. To correlate over all Pre test knowledge with overall post test knowledge .

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